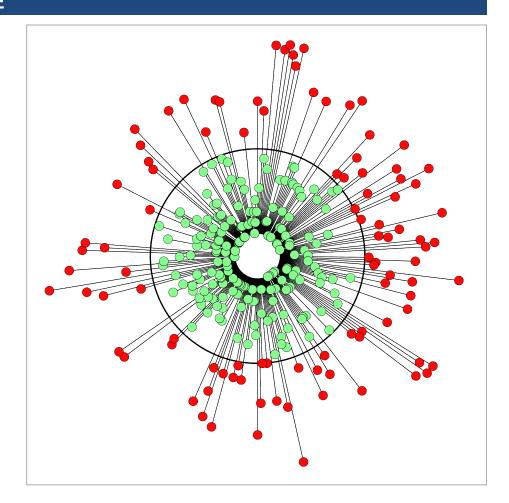
# **Today's Immunity for Wellness Report**

# YOUR DYNAMIC PROFILE

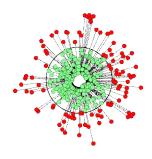
Biomarkers: 286 Range: 18.2

Biomarkers In Range: 187 Biomarkers Out of Range: 99



# BALANCER VIRTUAL ITEM RE-SCAN RESPONSES

This section of the report shows your top balancer Virtual Items and how many out-of-range biomarkers each balancer progressively brought into range. Each balancer adds to the cumulative amount of biomarkers brought into range.



**Baseline**Biomarkers Out of Range: 99

# PRODUCT DESCRIPTIONS

Top balancer Virtual Items are listed in order below along with their respective dR values and detailed product descriptions.

### Top Products w/ Description

### Immunity Support

- 57.78 Elderberry
- 53.04 Calendula
- 42.53 Vitamin C (Ascorbic Acid)
- 42.34 Green Tea
- 38.82 Vitamin D (Calciferol)
- 25.38 Turmeric
- 25.38 Vitamin B9 (Folic Acid)
- 24.25 Lycopene
- 20.47 Cat's Claw Vine
- 18.03 Angelica

### **Top Probiotic Strains**

- 97.14 L. Acidophilus
- 93.93 Lactobacillus Species
- 68.69 L. Plantarum
- 57.08 **B. Animalis**
- 47.21 Streptococcus Species

### Enzymes

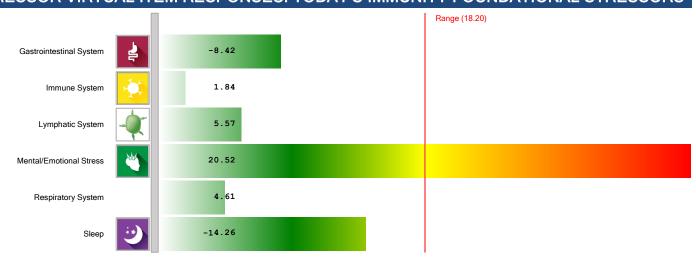
- 36.53 **Trypsin**
- 27.73 **Amylase**
- 27.08 Bromelain
- 19.79 Glucoamylase
- 19.59 **Lipase**

# FOUNDATIONS FOR IMMUNE SYSTEM WELLNESS



NEW TEXT ON FOUNDATIONS AND 12 BODY SYSTEMS

## STRESSOR VIRTUAL ITEM RESPONSES: TODAY'S IMMUNITY FOUNDATIONAL STRESSORS



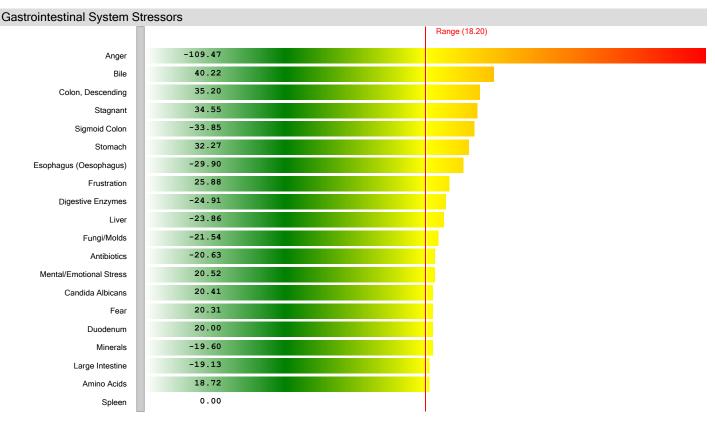
## GASTROINTESTINAL SYSTEM



The saying "You are what you eat" can be said more accurately; "You are what you digest"! However, if digestive function is compromised, it's not just your body's nutrient status that suffers. The health of the gut greatly impacts brain function, hormone balance, immune regulation, and so much more...

The Gastrointestinal System, which handles your digestive function, also contains a vast mucosal barrier. Gut inflammation and a compromised mucosal barrier can be caused by bacterial and parasitic infections, food additives, environmental toxins, mental & emotional stress, and a host of other stressors. This can severely limit digestion, lead to inflammation in other areas of the body, and have a huge negative impact on the Immune System and Hormonal/Endocrine System.

In order for your body's cells, tissues, and organs to get both proper nutrition and eliminate toxins, your digestive organs need to be supported in a way that eliminates any stress that compromises this amazing system. (3)



#### IMMUNE SYSTEM

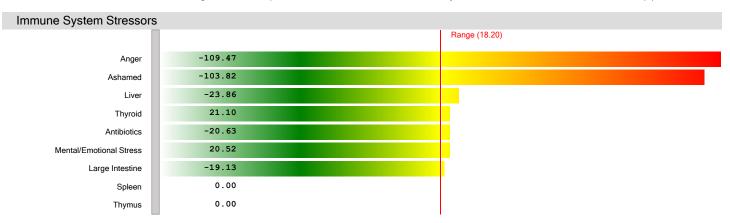


The first line of defense against disease-causing microorganisms is the skin and mucosal barriers. Behind this is a complex defensive system. Collectively these parts are known as the immune system.

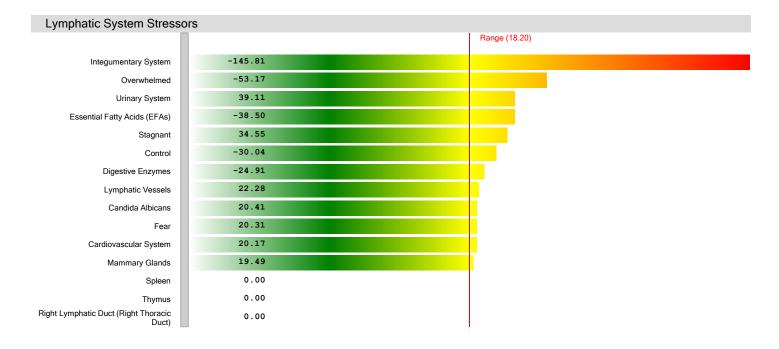
The immune system neutralizes or destroys microorganisms and the toxins created by them wherever they attack the body via the extensive lymphatic system (comprised of the spleen, thymus gland, tonsils, bone marrow, and other organs and tissues). The network of lymph vessels (capillaries and lymphatics) drains the clear body fluid known as lymph from the tissues into the bloodstream. Special white blood cells that originate in bone marrow, known as lymphocytes, along with antibodies (proteins that neutralize foreign objects), are primarily responsible for carrying out the work of the immune system.

The first line of immune defense is called the mucosal barrier. Mucous membranes are an integral part of the immune system. They form a protective barrier between the interior of the body and the outside environment. The mucosal barrier is permeable and allows nutrients into the body while protecting it from infectious agents, allergens, and other harmful substances. If testing reveals that mucosal immunity is impaired, therapies should be initiated to rebuild it.

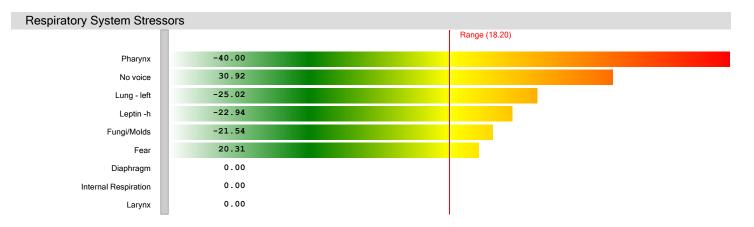
In addition to evaluating mucosal immunity, it is relevant to assess cell-mediated immunity and humoral immunity. Cell-mediated immunity works by the activation of specialized cells called macrophages and natural killer cells, which destroy intracellular pathogens (disease-causing microorganisms). Humoral immunity is the aspect of immunity that involves antibodies. Knowing the status of these immune components provides a comprehensive understanding of one's ability to fight infectious agents, defend against toxic exposures such as chemicals and heavy metals, and kill aberrant cancer cells. (5)



# LYMPHATIC SYSTEM



# RESPIRATORY SYSTEM



## MENTAL/EMOTIONAL STRESS



While you can't always control what happens to you, you can control how you react to it. Channeling your emotions in a consciously positive way helps you to dramatically decrease the negative impact of stressful events. Learning how to do this is part of personal growth—mental and emotional, as well as spiritual. Integrating relaxation exercises such as meditation and deep breathing into your daily routine can make a dramatic improvement in your entire life, giving you the resolve to positively channel your emotions.

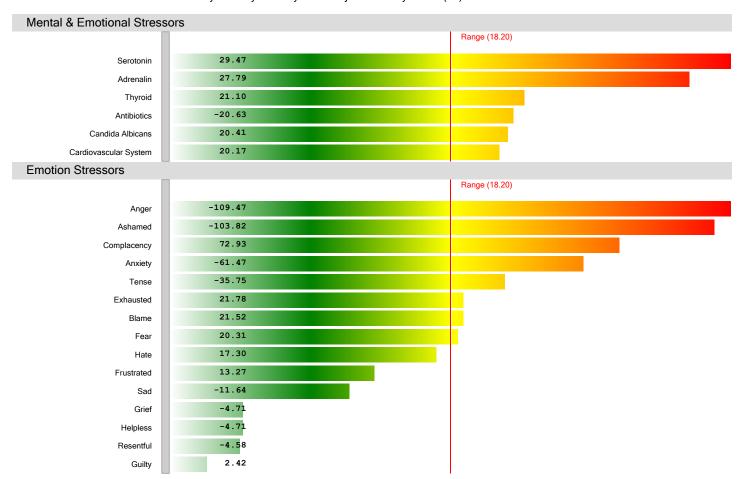
Mental and emotional responses to stimuli are referred to as limbic responses. The limbic system of the brain, sometimes called the emotional nervous system, moderates your moods, maintains homeostasis, and helps form memories.

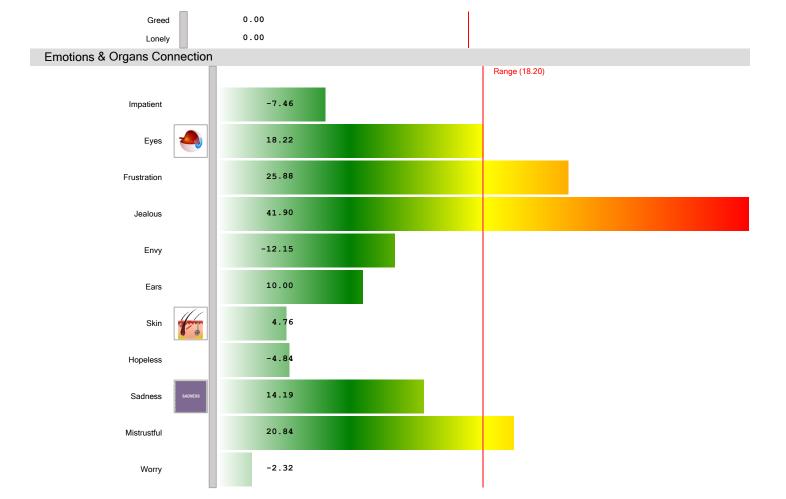
The hypothalamus is a principal limbic structure whose primary purpose is to maintain homeostasis in the body—meaning that it returns systems within your body to their "set points." Specifically, the hypothalamus regulates hunger, thirst, levels of pain and pleasure, sexual satisfaction, and aggressive or defensive behavior.

The hypothalamus is known as the master switchboard because it's the part of the brain that controls the endocrine system. The pituitary gland, which hangs by a thin stalk from the hypothalamus, is called the master gland of the body because it regulates the activity of the endocrine glands.

The hypothalamus detects the rising level of the target organ's hormones then sends either hormonal or electrical messages to the pituitary gland. In response, the pituitary gland releases hormones, which travel through the bloodstream to a target endocrine gland, instructing it to stop producing its hormones.

The hypothalamus—under the control of your thoughts, feelings, and attitude—sends instructions through the autonomic nervous system and the pituitary gland. The autonomic nervous system regulates blood pressure, heart rate, breathing, digestion, and sweating, and serves other vital functions. The pituitary gland releases hormones that cause other endocrine glands, such as the adrenal glands and the thyroid, to secrete their hormones. The hypothalamus, therefore, is the principal intermediary between the nervous and endocrine systems—your body's two major control systems. (10)





### SLEEP



Ample rest for the body is critical, yet an estimated 68% of the United States population has insomnia. They take more than 20 minutes to fall asleep, they wake up periodically throughout the night, or they wake up and are unable to fall back to sleep. These sleep patterns fit the clinical definition of insomnia, a major source of chronic stress that promotes a chronic stress response and compromises the hormone, immune, digestive, and detoxification systems.

Cortisol, DHEA, progesterone, melatonin, human growth hormone, estrogens, and testosterone all depend on quality sleep, as do neurotransmitters in the brain that can regenerate only with deep sleep. Poor sleep interferes with virtually all body functions and undermines homeostasis.

You can't have optimal health and longevity if you are not sleeping well.

The hormone, immune, digestive, and detoxification systems are hardwired to your internal "clock," or circadian rhythm. The circadian clock in mammals is located in the hypothalamus. In modern society, we have chosen to ignore this basic law of nature, attempting to bend this physiological imperative to our own needs and desires. We pay a hefty price for disturbing the internal clock and sleep cycle.

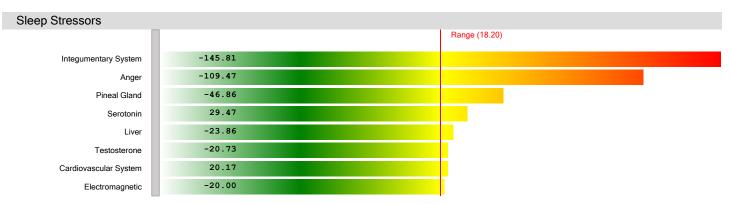
It's interesting to note that we live in a time where the days are extended with artificial light, which creates a shorter dark cycle. By shortening the dark cycle, we deprive ourselves of sleep. To lengthen this cycle, try sleeping in a room that is completely dark. A dark sleeping environment supports the body's ability to regenerate.

Another reason we are sleeping less, in addition to indoor lighting and multitasking lifestyles, is the universal acceptance and abuse of caffeine.

Caffeine junkies are caught in a vicious cycle of inadequate nightly recovery. The more caffeine you consume, the worse your sleep will be as a result of hormone disturbance, and your tendency to increase caffeine consumption rises, further robbing you of adequate sleep, and so on. If you insist on drinking coffee or other stimulants such as "energy" drinks, caffeinated teas, and sodas, limit your consumption to about 8 ounces and take these substances before noon to minimize their interference with your sleep.

Poor blood sugar control may be a factor in your inability to rest and recover given the highs and lows at play with your nervous system and hormone levels. Exercise can support your ability to get a good night's sleep, or can interfere with it. Both over exercising, such as pushing yourself to run even when you're tired, injured, or experiencing pain, or exercising during times when you should be resting can feed this problem.

Emotion is another lifestyle component that affects the quality of your sleep. If you are easily upset and carry around the negative emotions of the day, your mind will be busy and your body will be on alert. Learn to breathe deeply throughout your day and do not internalize negative experiences. (11)



### SERVICES



Your positive responses indicate a stronger coherent response, or preference, for the service Virtual Items shown here.

### 137.00 FULL BODY BIOFEEDBACK SCAN

Getting a Full Body Biofeedback scan is a simple and painless process. Simply place your hand on the Biofeedback Hand Sensor while a scan is run. During the scan, subtle energetic impulses are introduced to your body through multiple input channels including the hand cradle. Your body will naturally respond to this communication and the Biofeedback software records each response. Our bodies do this natural every second of every day at 1,000 pieces of information per second. Our bodies are in simple terms, Biofeedback Vessels we are simply unaware. Scans are organized into what are called biosurveys. You've probably filled out a survey before; a series of questions that you provide answers to. A biosurvey is essentially the same thing, only you don't answer the 'questions' consciously, your body answers them directly. With biocommunication scanning, the 'question' is the Virtual Stimulus Item or (Virtual Items) and your response, which is recorded and analyzed by the Biofeedback software, is a change in the electrical properties of your skin.

Different biosurveys will include different Virtual Items. Some biosurveys are general in nature and include Virtual Items concerned with overall wellness, others include Virtual Items relating to specific areas of the body or body processes, and some may deal with environmental factors like toxins or allergens.

### 52.04 Sunlight Exposure

There are number of other health effects unrelated to vitamin D production. Some examples of that are enhancing mood and energy through the release of endorphins, regulating body temperature and enhancing skin barrier functions.

#### 42.58 Food Sensitivity Scan

Getting a Food Sensitivty scan is a simple and painless process. Simply place your hand on the Biofeedback Hand Sensor while a scan is run. During the scan, subtle energetic impulses are introduced to your body through multiple input channels including the hand cradle. Your body will naturally respond to this communication and the Biofeedbacksoftware records each response.

Scans are organized into what are called biosurveys. You've probably filled out a survey before; a series of questions that you provide answers to. A biosurvey is essentially the same thing, only you don't answer the 'questions' consciously, your body answers them directly.

The Food Scan is a specific Biosurvey in which the 'questions' or Virtual Stimulus Item's measured are common foods. Your response to each food stimulus is recorded and analyzed by the Biofeedback software by measuring the changes in the electrical magnetic properties of your body. We are electromagnetic beings so this is a natural communication process for our biological systems. The results from a food scan can be used by a health practitioner to support people in making better nutritional decisions for their body.

### 30.20 Heavy Metal Removal

Heavy Metal Removal works to remove toxins from the body that we may have been exposed to through our environment. Toxins can be introduced into our bodies through our food, the air we breathe, our homes or even in the form of amalgam tooth fillings or vaccines. These toxic metals, such as lead, mercury or arsenic, can have disastrous health effects from minor ailments such as chronic fatigue, migraines, IBS and allergies to more serious conditions.

#### 19.56 Laser Therapy

Laser Therapy uses a strong focused beam of light to cut, burn or destroy tissue. LASER stands for Light Amplification by Stimulated Emission of Radiation and can be used to treat a variety of conditions such as: remove tumors, relieve symptoms of cancer, remove kidney stones, repair detached retina, improve vision and skin surgery.

#### Potentized Items Included in the OUTPUT

911.94 Alphaviruses

356.98 Hepatitis E

-277.27 Influenza Virus B

273.85 Colorado Tick Fever

140.86 Yellow Fever

-114.93 Bordetella Vaccine



- -109.24 Coronavirus
  - 97.59 Botulismus
- -96.25 Barley Smut, Loose
- -92.38 Gonococcinum
- 77.82 Nigrospora sitophila
- -75.82 **T-2 Toxin**
- -75.09 Candida tropicalis
- 72.16 Hepatitis A
- -71.28 Gas Gangrene Clostridia
- 65.25 Gardnerelia Vaginalis
- -63.68 **Grippe V 87**
- 62.33 **Grippe V 78**
- -60.69 Cephalosporiumacre
- -59.68 Infant Pneumonitis
- -59.61 California Encephalitis La Crosse
- 56.10 Borrelia Parkeri
- -56.00 Enteric Fevers
- -54.46 Hepatitis B
- -54.30 Serratia
- 97.14 L. Acidophilus
- 93.93 Lactobacillus Species
- 68.69 L. Plantarum
- 57.78 Elderberry
- 57.08 **B. Animalis**
- 53.04 Calendula
- 47.21 Streptococcus Species
- 46.76 Veillonella
- 42.53 Vitamin C (Ascorbic Acid)
- 42.34 Green Tea
- 38.82 Vitamin D (Calciferol)
- 37.62 Bacillius Species
- 36.53 **Trypsin**
- 29.55 Bacteroides Thetaiotamicron
- 27.73 **Amylase**
- 27.08 Bromelain
- 25.38 Turmeric
- 25.38 Vitamin B9 (Folic Acid)
- 24.25 Lycopene
- 20.47 Cat's Claw Vine

Biomarker Progress	s Report		
	Φ	(99)	
TH 1	ايّ	185.49	
TH 4	Baseline	-171.47	
C 5	Ba	151.72	
Integumentary System		-145.81	
Pesticides/Insecticides		145.20	
C 7		-118.52	
Anger		-109.47	
Ashamed		-103.82	
TH 2		-93.87	
T 13 / +5		87.38	
Complacency		72.93	
TH 3		-61.63	
Anxiety		-61.47	
Uterus		58.67	
TCM - Conception Meridian		-54.12	
Overwhelmed		-53.17	
\$4		50.77	
Pineal Gland		-46.86	
Jealous		41.90	
T 04 / 5+		-40.79	
\$2		40.28	
Bile		40.22	
Pharynx		-40.00	
Urinary System		39.11	
Essential Fatty Acids (EFAs)		-38.50	
TCM - Gall Bladder Meridian		38.02	
Computer		37.45	
TH 9		-37.39	
Adrenocorticotropic Hormone			
(ACTH)		37.21	
Tense		-35.75	
Alcohol		35.68	
Colon, Descending		35.20	
L1		-34.97	
Stagnant		34.55	
T 05 / 4+		-34.51	
Sigmoid Colon		-33.85	
Kidneys		32.80	
Stomach		32.27	
T 03 / 6+		-32.00	
Urinary Bladder		-31.63	
Hypoglycemia		-31.13	
No voice		30.92	
Control		-30.04	
T 23 / -2		30.00	
L-Glutamic Acid		29.95	
Esophagus (Oesophagus)		-29.90	
T 19 / -6		29.66	
T 09 / +1		29.53	
Serotonin		29.47	
T 15 / +7		29.14	
C 1		-28.39	

henolics         28.09           drenalin         27.79           CM - Urinary Bladder leridian         -26.67	Geopathic Stress
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